

CURRICULUM VITA

NAME : Jennifer Hays-Grudo, Ph.D.

DATE : May 2024

PRESENT POSITION AND ADDRESS:

Regents Professor
Department of Psychiatry and Behavioral Science
OSU Center for Health Sciences
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Hardesty Center for Clinical Research and Neuroscience
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EDUCATION:

B.A. Psychology, Texas Tech University, Lubbock, Texas
M.A. Developmental Psychology, University of Houston, Houston, Texas
Ph.D. Developmental Psychology, University of Houston, Houston, Texas

PROFESSIONAL AND ADMINISTRATIVE EXPERIENCE

2016 – present Principal Investigator and Director, Center for Integrative Research in Childhood Adversity (CIRCA), OSU-Center for Health Sciences, Tulsa, OK
2013 – 2016 Department Head, Human Development and Family Science, Oklahoma State University, Stillwater, OK
2005 – 2008 Director, Community Health and Wellness, Scott & White Hospital, Temple, Texas
1996 – 2005 Director, Center for Women's Health, Department of Medicine, Baylor College of Medicine, Houston, Texas
1985 – 2004 Director, Health Promotion, Office of Public Affairs, Baylor College of Medicine, Houston, Texas
1986 - 1996 Director, Cardiovascular Health Promotion, The DeBakey Heart Center; Baylor College of Medicine, Houston, Texas
1978 - 1979 Chief Administrative Officer, College of Business Administration, Texas Tech University, Lubbock, Texas
1977 - 1978 Ombudsman, Texas Department of Mental Health, Lubbock State School, Lubbock, Texas

ACADEMIC APPOINTMENTS

2018 – present Regents Professor, Department of Psychiatry and Behavioral Sciences, Center for Health Sciences, Oklahoma State University, Tulsa, Oklahoma
2016 – 2018 Regents Professor, Department of Human Development and Family Science (HDFS), College of Human Sciences, Oklahoma State University, Stillwater, Oklahoma
2015 – 2017 Adjunct Professor, Department of Pediatrics, Center for Health Sciences, Oklahoma State University, Tulsa, Oklahoma

2013 – 2016 Professor, HDFS, College of Human Sciences, Oklahoma State University, Stillwater, Oklahoma

2008 – 2013 Professor and George Kaiser Family Foundation Chair of Community Medicine, Department of Internal Medicine, School of Community Medicine, University of Oklahoma-Tulsa, Tulsa, Oklahoma

2005 – 2008 Professor, Department of Internal Medicine, Texas A&M College of Medicine, Temple, Texas

2005 – 2008 Adjunct Associate Professor, Department of Obstetrics & Gynecology, Baylor College of Medicine, Houston, Texas

1996 – 2005 Associate Professor with tenure, Department of Internal Medicine, Baylor College of Medicine, Houston, Texas

1996 – 2005 Adjunct Associate Professor, Department of Psychology, University of Houston, Central Campus, Texas

1986 – 1996 Adjunct Assistant Professor, Department of Psychology, University of Houston, Central Campus, Houston, Texas

1985 – 1996 Assistant Professor, Department of Internal Medicine, Baylor College of Medicine, Houston, Texas

1983 – 1987 Adjunct Assistant Professor, Department of Psychology, Texas Woman's University, Houston Campus, Houston, Texas

1983 - 1985 Research Associate, Office of Health Promotion, Baylor College of Medicine

1981 - 1983 Graduate Teaching Fellow, Department of Psychology, University of Houston

1979 - 1981 Graduate Research Assistant, Department of Psychology, University of Houston

SCIENTIFIC SOCIETIES

Society for Research in Child Development
 American Psychological Association, Division 7 (Developmental Psychology)
 International Society for Social and Behavioral Development

RESEARCH AND OUTREACH COMMITTEES

Stress, Trauma, Adversity, and Resilience (STAR) (COBRE, P20). The Miriam Hospital and Brown University, Laura Stroud, PhD and Audrey Tyrka, MD, MPhI. Providence, RI. External Advisory Committee, chair (2021 – present).

Research Expanding Access to Children's Health (REACH) (COBRE, P20). Nemours Children's Health, Anne Kazak, PhD and Melissa Alderfer, PhD, MPhI. Wilmington, DE. External Advisory Committee, chair (2021 – present).

Healthy Brain and Child Development (HBCD) Study, National Working Group (7): Social and Environmental Determinants, co-chair (2021-2022), member (2021-2023)

Healthy Brain and Child Development (HBCD) Study, National Working Group (17): Transitions in Care, member (2022-present).

NeuroMAP Center of Biomedical Research Excellence (COBRE, P20), Laureate Institute for Brain Research (LIBR), Tulsa, OK
 Internal Advisory Committee, member (2017-present)

Oklahoma Pediatric Clinical Trial Network, University of Oklahoma Health Sciences Center,

Department of Pediatrics, Oklahoma City, OK
External Advisory Committee, member (2018-2021)

Institute for Infant, Toddlers, Twos and Threes (IT3), University of Oklahoma.
External Advisory Board, member (2013-2021)

Institute for Building Early Relationships (IBEaR), Statewide organization, Stillwater, Oklahoma
Steering committee, founding member (2013 – 2022)

Women's Health Initiative

Publications and Presentations Committee: co-chair (1999-2002); member (1998-2014)
Steering Committee (1996-2006)
Executive Committee, one of six elected members (1999-2001)
Southeast Principal Investigators Committee: co-chair (1997-1999); chair (1999-2001)
Behavioral Advisory Committee (1997-1998; 2001-2005)

WHI Memory Study (WHIMS)

Publications and Ancillary Studies Committee, member and chair (2001-2005)

Data Safety and Monitoring Boards

SUCCESS Study, University of Tennessee (2003-2007)
STAR Study, University of Tennessee (2003–2006)

INSTITUTIONAL COMMITTEES

Oklahoma State University

Department of Psychiatry & Behavioral Sciences Professor cumulative review
committee, chair, 2022
OSU Brain Initiative Working Group, Founding Co-Chair, (2017-present)
OK-UP (Oklahoma Parent University), Steering Committee (2017 – 2020)
HDFS Reappointment, Tenure, and Promotion Committee (2016-2018)
Eminent Faculty Award Committee (2016-2018)
Provost's Interdisciplinary Task Force (2013-2016)

University of Oklahoma Health Sciences Center

Academic Misconduct Board (2010-2013)
Dean's Committee on Committees (2011-2013)

OU-Tulsa School of Community Medicine

Steering Committee, Faculty Leadership Academy (2008-2013)
Research Forum Committee, member (2009-2013), chair (2011-2012)
Research Advisory Board, chair (2008-2010)

Texas A&M College of Medicine

Chair, Community Health Committee (2007-2008)
Promotion and Tenure Committee (2005-2008)

Baylor College of Medicine

Executive Faculty, Department of Medicine (1996–2005)
Steering Committee, DeBakey Heart Center (1986-2003)

Institutional Review Board for Human Subject Research for Baylor College of Medicine and Affiliated Hospitals: member (1996-2001); vice-chair (1999–2001)
Integrated Problem Solving Curriculum Steering Committee (1999–2000)
Preventive Pulmonary Advisory Committee, Department of Pediatrics (1990–1994)
Ad Hoc Committee for Occupational Health (1992-1996)
Alzheimer's Disease Research Center Advisory Council, Department of Neurology (1994–1999)
Women's Health Curriculum Committee, chair (1997-1999)
Mechanisms and Management of Disease Curriculum Committee (1995–1997)

COMMUNITY COMMITTEES

Oklahoma Legislative Task Force on Trauma-Informed Care, co-chair (2018-2021). Task Force established by 2018 Senate Bill 1517 to study and make recommendations to the Legislature on best practices for children and youth who have experienced trauma.
Stillwater Resilience Initiative Steering Committee, founding member (2017 – 2018), Stillwater, OK
Juvenile Division of the Tulsa County District Court, Community Service Council (2014-2016), Tulsa, OK
Payne County Early Childhood Coalition, Board member (2013-present), Stillwater, OK
Tulsa Breast Cancer Assistance Program, Board member (2009-2011)
Temple-Belton Health and Wellness Coalition, chair; 2006 – 2008, Temple, Texas
Texas Medical Center Women's Health Network, founding board member (2002-2006), Houston, Texas
Program Services Committee, Houston March of Dimes (2000 – 2003), Houston, Texas
Texas Committee for the Prevention of Child Abuse, Board member (1987 – 1992); treasurer, (1990–91); secretary (1991 – 1992), Austin, Texas
University of Texas Lower Rio Grande Valley Regional Plan Task Force for the Prevention and Control of Diabetes (1994–1998), McAllen, Texas
Dean's Advisory Council, College of Social Sciences, University of Houston, board member (1991–1994), Houston, Texas

FOUNDATION

Potts Family Foundation, board member (2014-2023); Executive board member (2015 - 2020), Oklahoma City, Oklahoma; Executive director selection committee, 2017; Chair, grants committee, 2017-2020

EDITOR

Adversity and Resilience Science: Journal of Research and Practice, Springer/Nature. Founding Editor-in-Chief, 2018 – 2022; Associate Editor, 2022 – 2023.

AD HOC REVIEWER

Journal of the American Medical Association
Archives of Internal Medicine
Journal of the American Board of Family Medicine
Social Work in Health Care

Gender-Based Medicine
Developmental Psychology
Health Psychology
Preventive Medicine
Journal of Clinical Oncology

REVIEW PANELS

NIH Special Emphasis Panel (SEP), NIGMS, Phase 1, Centers of Biomedical Research Excellence (COBRE) P20, July 2024, Chair
NIH Special Emphasis Panel (SEP), NIGMS, Phase 3 ZGM1 RCB-4 (C3), Renewals of Centers of Biomedical Research Excellence (COBRE) P20, March 2024
NIH Special Emphasis Panel (SEP), NIGMS, Phase 2 Renewals of Centers of Biomedical Research Excellence (COBRE) P20, 2023
NIH Special Emphasis Panel (SEP), NIGMS Centers of Biomedical Research Excellence (COBRE), P20, Phase 1 (ZGM1 RCB-3), July 2022, co-chair
NIH Special Emphasis Panel (SEP), Collaborative Centers in Children's Environmental Health (P2C), National Institutes of Health (ZES1 LKB KC), June 2021
Review Panel, Mechanisms of Emotion, Stress and Health (MESH), National Institutes of Health, Ad Hoc Reviewer, October 2020
NIH Special Emphasis Panel (SEP), National Institutes of Health, NIGMS, Phase I Centers of Biomedical Research Excellence (COBRE) P20, 2019
NIH Special Emphasis Panel (SEP), NIGMS, Phase II Renewals of Centers of Biomedical Research Excellence (COBRE) P20, 2018
NIH Special Emphasis Panel, National Institutes of Health, NIMHD Specialized Centers of Excellence on Minority Health and Health Disparities (U54), 2017
Behavioral, Epidemiology and Prevention Study Group, American Heart Association, Western Review Group (2007–2008)
Behavioral Science, Epidemiology and Prevention I Study Group, American Heart Association, National (2001-2006)
Ad Hoc Review Committee ARRF2B (SBIR), National Institutes of Health (1997-1998)
Central Research Review Committee, American Heart Association, Texas Affiliate (1991-1995)

GRANTS AND CONTRACTS

Active grant projects

Principal Investigator and Project Director (7/1/2016 – 6/30/2027), NIH, P20 GM109097, "*Center for Integrative Research on Childhood Adversity – CIRCA*," Phase 1 and Phase 2, \$20,734,197.

Multiple Principal Investigator, with Julie Croff and Amanda Morris. (9/30/2021 – 6/30/2026). NIH, 1U01DA055349, "*10/24 Healthy Brain and Child Development National Consortium*," \$5,006,330.

Principal Investigator, "Mindful First Responders: Building Resilience to Thrive." (6/1/2021-8/31/2023), Oklahoma Department of Health/CDC. \$609,000.

Co-investigator, Working to Improve the Lives of Rural Oklahomans through Increasing Protective Factors: Learning Strategies of Resilience from the American Indian Culture. (9/1/2023 – 8/31/2025). Lana Beasley, PI, with Amanda Morris and Joanna Shadlow (Osage

Nation) from OSU-Tulsa Psychology Department and Misty Boyd, Chickasaw Nation. OSU Rural Initiative Seed Grant (\$100,000).

Completed grant support

Co-investigator (10/1/2019 – 3/31/2021), NIH R34DA05034, “Healthy Brain and Child Development – HBCD,” National Institute on Drug Abuse, National Institutes of Health, \$225,000.

Principal Investigator (2008-2014), Co-PI (2014-2017), Consultant (2017-2019, Amanda Morris, PI), “Tulsa Children’s Project” \$1,857,244; George Kaiser Family Foundation.

Principal Investigator (2010-2013), “Preventing excessive gestational weight gain in American Indian women,” \$350,000; Native American Research Centers for Health (NARCH) VI, Indian Health Service and NIH.

Principal Investigator (2012), “Family health, stress and children’s cortisol”; \$26,000; George Kaiser Family Foundation.

Principal Investigator (2008), “Effects of gestational weight control on maternal and neonatal outcomes,” \$100,000; Sid Richardson Foundation.

Co-Investigator (2007-2008), Principal Investigator (2005-2007), NIH #NHLBIWH0417, “Women’s Health Initiative: Follow-Up Extension,” \$921,752; 2005-2010, National Heart, Lung, and Blood Institute (NHLBI), NIH.

Principal Investigator (2003-2005), “Breast Cancer Risk and Women’s Choice of Combination Hormone Therapy,” \$80,000; Cancer Research Foundation of America.

Principal Investigator (2005-2007), “The WHI Memory Extension Study), \$85,000; NIA (subcontract from Wake-Forest University, Sally Shumaker, Ph.D., Principal Investigator).

Principal Investigator (2002 – 2005), “The WHI Memory Study (WHIMS),” \$155,200; NIA (subcontract from Wake-Forest University, Sally Shumaker, Ph.D., Principal Investigator)

Principal Investigator (2001 – 2006), “Fat Reduction, HRT Use and Benign Breast Disease Risk,” \$75,000, National Cancer Institute (subcontract from Albert Einstein College of Medicine, Thomas Rohan, PhD., Principal Investigator).

Principal Investigator (1994-2005), NIH #N01-WH-4-2110, "Clinical Center for the Clinical Trial and Observational Study of the Women's Health Initiative" \$9,955,330; NHLBI, NIH.

Principal Investigator (1995-2002), “The effects of hormone therapy on the development and progression of dementia,” also known as “Women’s Health Initiative – The Memory Study (WHIMS)” \$187,233; Co-Principal Investigator (1996-2004), Wyeth-Ayerst, subcontract from Wake-Forest University, Sally Shumaker, Ph.D., PI.

Principal Investigator (1999-2001), NIH #R21-CA86036, “Genetic, Hormonal, and Behavioral Determinants of Obesity” \$336,137; National Cancer Institute (NCI), NIH.

Project Director (2000-2001), NIH #K12HD01426, "Building interdisciplinary research careers in women's health" \$2,499,995; Joe Leigh Simpson, MD., PI, National Institute of Child Health and Human Development (NICHD), NIH.

Principal Investigator (1999-2000), "Reducing cardiovascular risk factors in peri- and post-menopausal women" \$150,164; Merck.

Co-Principal Investigator, (1991-1996), NIH #R18 HL47052, "*Unidos en Salud*: Weight loss for Mexican Americans" \$2,388,151; John P. Foreyt, Ph.D., PI, NHLBI, NIH.

Principal Investigator (1989-1990), "Use of Olestra as Part of a Nutrition Education Program to Reduce Fat Intake: A Pilot Study," \$40,000, Procter & Gamble Company.

Principal Investigator (1988-1993), NIH #R01 HD23991, "Development of health behaviors in Mexican Americans" \$381,497; NICHD, NIH

Principal Investigator (1988-1990), "Cancer Control: The Physicians Role," \$20,000; Texas Cancer Council.

Co-Investigator and Project Director (1986-1991), "*Cuidando el Corazón*, Demonstration and Evaluation Component, NIH #HL27341, "National Research and Demonstration Center in Arteriosclerosis" \$10,999,984; Antonio M. Gotto, M.D., Principal Investigator, NHLBI, NIH

SELECTED HONORS

Who's Who in America, 2021 - present

Regents Research Professor, Oklahoma State University, 2017

Regents Professor, Oklahoma State University, 2016

George Kaiser Family Foundation Chair in Community Medicine, OU-Tulsa, 2008-2013

Women of Distinction, 2010, Tulsa Business Journal, Inaugural class

2004 Woman of Influence, National Council of Jewish Women

Cullen Graduate Scholarship, University of Houston, 1982-1983

Graduate Teaching Excellence Award, University of Houston, 1981-1982

BOOKS

Morris, A.S. and **Hays-Grudo, J.** (2023). *Raising a Resilient Child in a World of Adversity: Effective Parenting for Every Family*. LifeTools Press (APA).

Hays-Grudo, J. and Morris, A.S. (2020). *Adverse and Protective Childhood Experiences: A Developmental Perspective*. American Psychological Association (APA).

PEER REVIEWED PUBLICATIONS - Published also as J. Hays and Cousins, J.H.

(* denotes student or post-doctoral fellow co-author)

Hays-Grudo, J.H., *Jespersen, J., *Barlaan, D., *Watrous, J.N.H., Beasley, L., & Morris, A.S. The effects of adverse and protective childhood experiences on development: An integrative

- approach. Special issue of Journal of Experimental Child Psychology (invited paper under review).
- Morris, A.S., *Watrous, J., & **Hays-Grudo, J.** (in press). Character strengths and resilience in adolescence: A developmental perspective. *Journal of Positive Psychology*.
- Morris, A.S. & **Hays-Grudo, J.** (2023). Protective and compensatory childhood experiences and their impact on adult mental health. *World Psychiatry, 22*(1), 150-151..
<https://doi.org/10.1002/wps.21042>
- *Jespersen, J. E., Bosler, C. D., Slocum, R. S., **Hays-Grudo, J.**, Root, J., Hubbs-Tait, L., & Morris, A. S. (2023). Super Parents: Preliminary Findings of a Group-Based Parenting Intervention. *Journal of Human Sciences and Extension, 11*(3), 4.
- Beasley, L. O., *Jespersen, J. E., Morris, A. S., *Farra, A., & **Hays-Grudo, J.** (2022). Parenting Challenges and opportunities among families living in poverty. *Social Sciences, 11*(3), 119. <https://doi.org/10.3390/socsci11030119>
- Morris, A.S., **Hays-Grudo, J.**, Zapata, M.I., Treat, A., & Kerr, K.L. (2021). Adverse and protective childhood experiences and parenting attitudes: The role of cumulative protection in understanding resilience. *Adversity & Resilience Science, 2*(3). <https://doi.org/10.1007/s42844-021-00036-8>
- Hays-Grudo, J.**, Morris, A.S., Beasley, L., Ciciolla, L., Shreffler, K., & Croff, J. (2021). Integrating and synthesizing adversity and resilience knowledge and action: The ICARE model. *American Psychologist: Special Issue on ACEs, 76*(2), 203-215.
<https://doi.org/10.1037/amp0000766>
- Morris, A. S., **Hays-Grudo, J.**, Kerr, K. L., & Beasley, L. O. (2021). The heart of the matter: Developing the whole child through community resources and caregiver relationships. *Development and Psychopathology, 33*(2), 533-544.
<https://doi.org/10.1017/S0954579420001595>
- *Cohen, Z. P., *Cosgrove, K. T., Akeman, E., Coffey, S., Teague, K., **Hays-Grudo, J.**, ... & Kirlic, N. (2021). The effect of a mindfulness-based stress intervention on neurobiological and symptom measures in adolescents with early life stress: a randomized feasibility study. *BMC Complementary Medicine and Therapies, 21*(1), 1-14.
<https://doi.org/10.1186/s12906-021-03295-1>
- Shreffler, K.M., *Joachims, C.N., Tiemeyer, S., Simmons, K.W., Teague, K.T., & **Hays-Grudo, J.** (2021). Childhood adversity and perceived distress from the COVID-19 pandemic. *Adversity & Resilience Science, 2*(1), 1-4.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7841380/>
- Hays-Grudo, J.** (2020). Inaugural editorial. *Adversity and Resilience Science, 1*, 1–4.
<https://doi.org/10.1007/s42844-020-00006-6>
- Hays-Grudo, J.**, *Ratliff, E., & Morris, A. (2020). Adverse childhood experiences: A new framework for infant mental health. In Benson, J. B. (Ed.), *Encyclopedia of Infant and Early Childhood Development*. 2nd edition. vol. 1, Elsevier, pp. 21–30.
<https://dx.doi.org/10.1016/B978-0-12-809324-5.23592-X>.

- *Treat, A., Morris, A.S., **Hays-Grudo, J.**, & Williamson, A. (2020). The impact of positive parenting behaviors and maternal depression on the features of young children's home language environments. *Journal of Child Language*, 47(2), 382-400.
<https://doi:10.1017/S030500091900062X>
- *Treat, A.E., Morris, A.S., Williamson, A.C., **Hays-Grudo, J.** (2019). Adverse childhood experiences and young children's social and emotional development: The role of maternal depression, self-efficacy, and social support. *Early Child Development and Care*. <https://doi.org/10.1080/03004430.2019.1578220>. Epub 2019 Feb 27.
- *Guss, S.S., Morris, A.S., Bosler, C., Castle, S.L., **Hays-Grudo, J.**, Horm, D.M., *Treat, A. (2018). Parents' adverse childhood experiences and current relationships with their young children: The role of executive function. *Early Child Development and Care*, 1-11.
- *Treat, A.E., Morris, A.S., Williamson, A.C., **Hays-Grudo, J.**, & *Laurin, D. (2017). Adverse childhood experiences, parenting, and child executive function. *Early Child Development and Care*. <http://dx.doi.org/10.1080/03004430.2017.1353978>. Epub 2017 Jul 20.
- Morris, A.S., Robinson, L., **Hays-Grudo, J.**, Claussen, A., Hartwig, S. & *Treat, A.J. (2017). Targeting parenting in early childhood: A public health approach to improve outcomes for children living in poverty, *Child Development*, 88, 388-397. DOI: 10.1111/cdev.12743. Epub 2017 Jan 31.
- Paxton, R.J., Jung, S.Y., Vitolins, M., Fenton, J., Paskett, E., Pollak, M., **Hays-Grudo, J.**, Hursting, S.D., Chang, S.. (2014). Associations between time spent sitting and cancer-related biomarkers: an exploration of effect modifiers. *Cancer Causes & Control*, 25, 1427-1437. Doi:10.1007/s10552-014-0434-y).
- Lynch, C.P., McTigue, K.M., Bost, J.E., Tinker, L.F., Vitolins, M., Adams-Campbell, L., Sarto, G.E. **Hays-Grudo, J.**, Manson, J.E., & Kuller, L.H. (2010). Excess weight and physical health-related quality of life in postmenopausal women of diverse racial/ethnic backgrounds. *Journal of Women's Health*, 19, 1449-58.
- Paskett, E.F., Alfano, C.M., Davidson, M.A., Anderson, B.L., Naughton, M.J., Sherman, A., McDonald, P.G., **Hays, J.** (2008). Breast cancer survivors' health-related quality of life. *Cancer*, 113, 3222-3230.
- Villamaria, F.J., Pliego, J.F., Wehbe-Janek, H., Coker N., Rajab, M.H., Sibbit, S., Ogden, P.E., Musick, K., Browning, J.L., **Hays-Grudo, J.** (2008). Using simulation to orient code blue teams to a new hospital facility. *Simulation in Healthcare*, 3, 209-16.
- Tinker, L.F., Rosal, M., Young, A.F., Perri, M., Patterson, R.E., Van Horn, L., Assaf, A., Ockene, J., **Hays, J.**, Wu. (2007). Predictors of dietary change and maintenance in the Women's Health Initiative Dietary Modification Trial. *Journal of the American Dietetic Association*, 107, 1155-65.
- Hays, J.** (2006). Breast cancer and hormones: What have we learned from the Women's Health Initiative? Invited editorial. *Breast Diseases: A Year Book Quarterly*, 17, 214-217.

- Beresford, S.A., Johnson, K.C., Ritenbaugh, C., Lasser, N.L., Snetselaar, L.G., Black, H.R., Anderson, G.L., Assaf, A.R., Bassford, T., Bowen, D., Brunner, R.L., Brzyski, R.G., Caan, B., Chlebowski, R.T., Gass, M., Harrigan, R.C., **Hays, J.**, Heber, D., Heiss, G., Hendrix, S.L., Howard, B.V., Hsia, J., Hubbell, F.A., Jackson, R.D., Kotchen, J.M., Kuller, L.H., LaCroix, A.Z., Lane, D.S., Langer, R.D., Lewis, C.E., Manson, J.E., Margolis, K.L., Mossavar-Rahmani, Y., Ockene, J.K., Parker, L.M., Perri, M.G., Phillips, L., Prentice, R.L., Robbins, J., Rossouw, J.E., Sarto, G.E., Stefanick, M.L., Van Horn, L., Vitolins, M.Z., Wactawski-Wende, J., Wallace, R.B., Whitlock, E. (2006). Low-fat dietary pattern and risk of colorectal cancer: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. *Journal of the American Medical Association*, 295, 643-654.
- Howard, B.V., Van Horn, L., Hsia, J., Manson, J.E., Stefanick, M.L., Wassertheil-Smoller, S., Kuller, L.H., LaCroix, A.Z., Langer, R.D., Lasser, N.L., Lewis, C.E., Limacher, M.C., Margolis, K.L., Mysiw, W.J., Ockene, J.K., Parker, L.M., Perri, M.G., Phillips, L., Prentice, R.L., Robbins, J., Rossouw, J.E., Sarto, G.E., Schatz, I.J., Snetselaar, L.G., Stevens, V.J., Tinker, L.F., Trevisan, M., Vitolins, M.Z., Anderson, G.L., Assaf, A.R., Bassford, T., Beresford, S.A., Black, H.R., Brunner, R.L., Brzyski, R.G., Caan, B., Chlebowski, R.T., Gass, M., Granek, I., Greenland, P., **Hays, J.**, Heber, D., Heiss, G., Hendrix, S.L., Hubbell, F.A., Johnson, K.C., Kotchen, J.M. (2006). Low-fat dietary pattern and risk of cardiovascular disease: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. *Journal of the American Medical Association*, 295, 655-666.
- Jackson, R. D., LaCroix, A. Z., Gass, M., Wallace, R. B., Robbins, J., Lewis, C. E., Bassford, T., Beresford, S. A.A., Black, H. R., Blanchette, P., Bonds, D. E., Brunner, R. L., Brzyski, R. G., Caan, B., Cauley, J. A., Chlebowski, R. T., Cummings, S. R., Granek, I., **Hays, J.**, Heiss, G., Hendrix, S. L., Howard, B. V., Hsia, J., Hubbell, F. A., Johnson, K. C., Judd, H., Kotchen, J. M., Kuller, L. H., Langer, R. D., Lasser, N. L., Limacher, M. C., Ludlam, S., Manson, J. E., Margolis, K. L., McGowan, J., Ockene, J. K., O'Sullivan, M. J., Phillips, L., Prentice, R. L., Sarto, G. E., Stefanick, M. L., Van Horn, L., Wactawski-Wende, J., Whitlock, E., Anderson, G. L., Assaf, A. R., Barad, D., the Women's Health Initiative Investigators. (2006). Calcium plus Vitamin D supplementation and the risk of fractures. *New England Journal of Medicine*, 354, 669-683.
- Prentice, R.L., Caan, B., Chlebowski, R.T., Patterson, R., Kuller, L.H., Ockene, J.K., Margolis K.L., Limacher, M.C., Manson, J.E., Parker, L.M., Paskett, E., Phillips, L., Robbins, J., Rossouw, J.E., Sarto, G.E., Shikany, J.M., Stefanick, M.L., Thomson, C.A., Van Horn, L., Vitolins, M.Z., Wactawski-Wende, J., Wallace, R.B., Wassertheil-Smoller, S., Whitlock, E., Yano, K., Adams-Campbell, L., Anderson, G.L., Assaf, A.R., Beresford, S.A., Black, H.R., Brunner, R.L., Brzyski, R.G., Ford, L., Gass, M., **Hays, J.**, Heber, D., Heiss, G., Hendrix, S.L., Hsia, J., Hubbell, F.A., Jackson, R.D., Johnson, K.C., Kotchen, J.M., LaCroix, A.Z., Lane, D.S., Langer, R.D., Lasser, N.L., Henderson, M.M. (2006). Low-fat dietary pattern and risk of invasive breast cancer: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. *Journal of the American Medical Association*, 295, 629-642.
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Book Chapters

- *Hall, H., Beasley, L., & **Hays-Grudo, J.** ACEs and PACEs: Understanding and changing the dynamic interplay of food, family, and stress. In C. Fugate, A. Harrist, & G. Welch (Eds.), *Family resilience and children's health*. New York, Springer.

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POSTER EXHIBITS

Watrous, J., Jespersen, J., Beasley, L., Hays-Grudo, J. & Morris, A.S. Using the protective and compensatory experiences (PACE) framework to assess cumulative protection. International Society for the Study of Behavioral Development, Lisbon, Portugal, June 2024.

Morris, A.S., Jespersen, J., & Hays-Grudo, J. Baby PACEs: The development of the protective and compensatory experiences survey (PACEs) for children ages 0-5. World Association for Infant Mental Health, Brisbane, Australia (virtual), June 2021.

Ratliff, E.L.* , Morris, A.S., Beasley, L.O., **Hays-Grudo, J.** Jespersen, J.E.* , Kerr, K.L.* & Ciciolla, L. Threat and deprivation: Investigating outcomes associated with two different dimensions of adverse childhood experiences. Poster presented at the biennial Society for Research in Child Development, March, 2019.

Treat, A.E.* , Morris, A.S., **Hays-Grudo, J.**, Williamson, A.C. Jespersen, J.E.* , Singh, R*. ACEs, parenting, and child social and emotional problems: The role of depression and parenting self- efficacy. Poster presented at the biennial Society for Research in Child Development, March, 2019.

Treat, A.E.* , Morris, A.S., **Hays-Grudo, J.**, Williamson, A.C. Parenting behaviors, maternal depression, and young children's language environments. Poster presented at the biennial Society for Research in Child Development, March, 2019.

Jespersen, J.E.* , Slocum, R.S., Hubbs-Tait, L., Love, J., **Hays-Grudo, J.**, & Morris, A.S. Evaluation of a group-based parenting program emphasizing response parenting, parenting efficacy, and mindfulness. Poster presented at the biennial Society for Research in Child Development, March, 2019.

Slocum, R., Morris, A.S., Bosler, C.D., Jespersen, J.* & **Hays-Grudo, J.** Super Parents: A parenting program focused on responsive parenting, mindfulness, & executive function. Poster presented at the 16th World Congress of the World Association for Infant Mental Health, Rome, Italy, May, 2018.

Bosler, C.D., Slocum, R., Morris, A.S., **Hays-Grudo, J.** & Jespersen, J.* Super Parents: Evaluation of a group-based parenting program focused on mindfulness, positive parenting, and building executive function. Poster presented at the 16th World Congress of the World Association for Infant Mental Health, Rome, Italy, May, 2018.

Treat, A.E., Morris, A.S., Williamson, A.c., & **Hays-Grudo, J.** Using Language Acquisition Devices to inform parents about talking to babies. Poster presented at the 16th World Congress of the World Association for Infant Mental Health, Rome, Italy, May, 2018.

Slocum, R., Bosler, C.D., Morris, A.S., *Root, J.D., & **Hays-Grudo, J.** Super Parents: A parenting program focused on positive parenting, mindfulness, and executive function. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, Texas, April, 2017.

*Guss, S., Morris, A.S., **Hays-Grudo, J.**, Bosler, C.D., Horm, D., & Castle, S. Adversity and low-income parents' relationships with their young children: The role of executive function. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, Texas, April, 2017.

*Treat, A., Morris, A.S., **Hays-Grudo, J.**, Williamson, A., & *Laurin D. Associations between parental Adverse Childhood Experiences, parenting, and child executive function in toddlers and preschoolers. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, Texas, April, 2017.

Williamson, A., Bosler, C., Morris, A.S., *Huffer, A., & **Hays-Grudo, J.** Childhood experiences and adult attachment style: Relations to early caregiving awareness, knowledge, and beliefs. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, Texas, April, 2017.

*Huffer, A., Williamson, A. C., Morris, A. S., & **Hays-Grudo, J.** (April, 2017). Infant mental health: Is a barrier to knowledge in the name? Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.

Morris, A.S., Robinson, L. R., **Hays-Grudo, J.**, Claussen, A. H., Hartwig, S. A., & *Treat, A. E. Targeting parenting in early childhood: A public health approach to improve outcomes for children living in poverty. Poster presented as part of a poster symposium at the biennial meeting of the Society for Research in Child Development, Austin, TX.

Bosler, C. D., **Hays-Grudo, J.**, Teague, T. K., Castle, S., *Guss, S., Miller-Cribbs, J., Horm, D., & Morris, A. Exploring the intergenerational transmission of risk: Parent experiences, parent-child relationship, and child cortisol patterns. Poster presented at ACF's National Research Conference on Early Childhood, Washington DC, July, 2016.

Hays-Grudo, J., Bosler, C. D., Teague, T. K., Castle, S., *Guss, S., Miller-Cribbs, J., Horm, D., & Morris, A. Intergenerational transmission of risk: Parents' ACEs and young children's regulation of stress. Poster presented at the 15th World Congress of the World Association for Infant Mental Health, Prague, Czech Republic, May 31, 2016.

Hays-Grudo, J., Morris, A.S., Robinson, L., Claussen, A., *Treat, A., & Hartwig, S. The role of maternal adverse childhood experiences (ACEs) in developing early parent-child relationships: A new model for intervention. Poster presented at the 15th World Congress of the World Association for Infant Mental Health, Prague, Czech Republic, May 31, 2016.

Morris, A.S., **Hays-Grudo, J.**, Williamson, A., *Treat, A., *Huffer, A., & Slocum, R. ACEs and PACEs: The development of the protective and compensatory experiences survey (PACEs). Poster presented at the 15th World Congress of the World Association for Infant Mental Health, Prague, Czech Republic, May 31, 2016.

- *Treat, A., Morris, A.S., **Hays-Grudo, J.**, Williamson, A., *Laurin, D., & *Staton, J. Adverse childhood experiences, parenting and young children's executive function. Poster presented at the 15th World Congress of the World Association for Infant Mental Health, Prague, Czech Republic, May 31, 2016.
- Slocum, R., **Hays-Grudo, J.**, Morris, A.S., & Bosler, C.D. Super Parents: A research-based parenting program targeting the parent-child relationship. Poster presented at the 15th World Congress of the World Association for Infant Mental Health, Prague, Czech Republic, May 31, 2016.
- Williamson, A., *Huffer, A., Morris, A., **Hays-Grudo, J.**, & Bosler, C.D. Early care and education providers' awareness and understanding of infant mental health: Associations with attachment style. Poster presented at the 15th World Congress of the World Association for Infant Mental Health, Prague, Czech Republic, May 31, 2016.
- *Huffer, A., Williamson, A., Morris, A.S., **Hays-Grudo, J.**, & Bosler, C.D. Infant mental health awareness: Initial findings from the Oklahoma infant mental health survey. Poster presented at the 15th World Congress of the World Association for Infant Mental Health, Prague, Czech Republic, May 31, 2016.
- Morris, A. S., **Hays-Grudo, J.**, *Treat, A., Williamson, A., *Huffer, A., Robyler, M. Z., & *Staton, J. (March, 2015). Assessing resilience using the protective and compensatory experiences survey (PACES). Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
- Jung SY, Paxton RJ, Pollak M, Hursting SD, Vitolins M, **Hays-Grudo J**, Fenton J, and Chang S. Associations between time spent sitting and cancer-related biomarkers: an exploration of effect modifiers. [Abstract]. Cancer Prevention Research 2013 AACR 12th Annual International Conference on Frontiers in Cancer Prevention Research proceedings.
- Castle, S. *Guss, S., **Hays-Grudo, J.**, Miller-Cribbs, J., & Horm. (July, 2014). Intergenerational risk: Relationship between parents' Adverse Childhood Experiences and children's social-emotional development in low-income families. Head Start Research Conference, Washington, DC.
- Jung SY, Paxton RJ, Pollak M, Hursting SD, Vitolins M, **Hays-Grudo, J**, Fenton, J, and Chang S. Associations between time spent sitting and cancer-related biomarkers: an exploration of effect modifiers. [Abstract]. Cancer Prevention Research 2013 AACR 12th Annual International Conference on Frontiers in Cancer Prevention Research proceedings.
- Cromer, L.D., Hudson, R., Homco, J. & **Hays-Grudo, J.** (March, 2012). Adverse childhood experiences and the health of young children. Annual meeting of the International Psychosomatic Society, Athens, Greece.
- Dodge R, Chang S, Zhang H, Hursting SD, **Hays-Grudo, J**, Paskett E, Pollack M. Measures of Body Composition, Exogenous Estrogen Hormone Use and their Association with Insulin-like Growth Factors" (November, 2008). Research Day Symposium: Complex Determinants in Health: Interactions of Genetic Factors and Environmental Influence. The University of Texas Health Science Center, Houston, Texas.

- Chang S, **Hays-Grudo J**, Touillaud M, Hursting, SD, Vitolins M, Berger V, Paskett E. Weighty Matters: Preliminary Results from a Women's Health Initiative (WHI) Ancillary Study. (2007). ASPO 32nd Annual Meeting, Houston, TX.
- Dodge R, Chang S, Zhang H, Hursting SD, **Hays-Grudo, J**, Paskett E, Pollack M. (June, 2007). Weight Change, Measures of Body Composition and Their Association with Insulin-like Growth Factors in the Observational Study of the Women's Health Initiative. At Colorectal Cancer: Celebrating a Career in Cancer Prevention- A Symposium Honoring Bernard Levin, MD, Vice President and Division Head of The University of Texas M. D. Anderson Cancer Center Division of Cancer Prevention & Population Sciences, Houston Texas.
- Hays, J.** (November, 2006). Behavioral and psychosocial measures in the Women's Health Initiative. Preconference workshop. Gerontological Society of America, Dallas, Texas.
- Hays, J.** & *Anderson, J.A. (March, 1999) Stages and Changes: Pubertal maturation and the development of disordered eating among preadolescent girls. Presented at the biennial meeting of the Society for Research in Child Development, Albuquerque, New Mexico.
- Cousins, J. H.**, *Anderson, J.A., & Schuman, M. (March, 1998). Preventing disordered eating in daughters of obese women. Presented at the 19th annual scientific sessions of the Society of Behavioral Medicine, New Orleans, Louisiana.
- *Lavery, B. & **Hays, J.** (February, 1998). Prevention via dynamic community development. Presented at the National Network for Youth Symposium '98, Washington, DC.
- *Yanez, C., Siegel, A.W., & **Cousins, J. H.** (April, 1997). Adolescent risk-taking: The roles of self-esteem and optimism. Presented at the 43rd annual convention of the Southwestern Psychological Association, Fort Worth, Texas.
- *Anderson, J.A., Siegel, A.W., & **Cousins, J. H.** (April, 1997). Injury prevention in children: Knowledge is not enough. Presented at the biennial meeting of the Society for Research in Child Development, Washington, DC.
- *Crowley, C.L., Siegel, A.W., *Lavery, B., & **Cousins, J. H.** (April, 1997). The social context of gang involvement and risk-taking. Presented at the biennial meeting of the Society for Research in Child Development, Washington, DC.
- *Anderson, J.A., **Cousins, J. H.**, & Siegel, A.W. (April, 1997). Predicting maternal use of injury prevention strategies. Presented at the 18th annual scientific sessions of the Society of Behavioral Medicine, San Francisco, California.
- *Olvera-Ezzell, N., **Cousins, J. H.**, & Reeves, R. (September, 1996). *Unidos en Salud*: Development of a weight loss program curriculum. Presented at the biennial meeting of the National Coalition of Hispanic Health and Human Services Organization, Santa Fe, New Mexico.
- *Crowley, C., Siegel, A.W., *Lavery, B., & **Cousins, J. H.** (March, 1996). The social context of gang involvement and risk taking. Presented at the biennial meeting of the Society for Research in Adolescence, Boston, Massachusetts.

- *Remy, R., Power, T.G., Olvera-Ezzell, N., & **Cousins, J. H.** (March, 1995). Maternal socialization strategies and children's health locus of control beliefs. Presented at the biennial meeting of the Society for Research in Child Development.
- Cousins, J. H.**, *Olvera-Ezzell, N., *Remy, R., & Power, T.G. (April, 1995). Maternal predictors of children's health locus of control beliefs. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
- *Lavery, B., **Cousins, J. H.**, & Siegel, A.W., (April, 1995). Comparing adolescent and mother perceptions of adolescent risk-taking. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
- *Crowley, C.L., **Cousins, J. H.**, & Siegel, A.W. (April, 1994). Risk-taking among college students: Perceptions of risks and benefits. Presented at the annual meeting of the Southwestern Psychological Association, Tulsa, Oklahoma.
- *Lavery, B., **Cousins, J. H.**, & Siegel, A.W. (April, 1994). Family predictors of risk-taking in a clinic-based sample of adolescents. Presented at the annual meeting of the Southwestern Psychological Association, Tulsa, Oklahoma.
- Cousins, J. H.**, Power, T.G. , & *Olvera-Ezzell, N. (April, 1994). Effects of parenting strategies on children's nutrition knowledge. Presented at the annual meeting of the Society of Behavioral Medicine, Boston, Massachusetts.
- *Lavery, B., Siegel, A.W., **Cousins, J. H.**, *Rubovits, D.S. (March, 1993). Cognitive and affective dimensions of risk taking in adolescents. Presented at the biennial meeting of the Society for Research in Child Development, New Orleans, Louisiana.
- *Olvera-Ezzell, N., Power, T.G., & **Cousins, J. H.** (March, 1993). The development of knowledge about nutrition, hygiene, and safety in Mexican-American children. Presented at the biennial meeting of the Society for Research in Child Development, New Orleans, Louisiana.
- Cousins, J. H.**, Siegel, A.W., *Rubovits, D.S. *Parsons, J., & *Lavery, B. (March, 1993). Risk-taking: Adolescents' involvement and perceptions. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco. California.
- *Olvera-Ezzell, N., **Cousins, J. H.**, & Power, T.G. (March, 1993). Mexican-American children's understanding of the relationship between behavior and health. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco. California.
- Cousins, J. H.**, Power, T.G., & *Olvera-Ezzell, N. (March, 1992). Health locus of control in Mexican-American women. Presented at the annual meeting of the Society of Behavioral Medicine, New York.
- Power, T.G., **Cousins, J. H.**, & *Olvera-Ezzell, N. (March, 1992). The socialization of eating habits in Mexican-American children. Presented at the annual meeting of the Society of Behavioral Medicine, New York.

- *Olvera-Ezzell, N., **Cousins, J. H.**, Power, T.G., *Guerra, A.M. (March, 1991). Age and gender differences in attitudes toward coffee, cigarettes, and alcohol. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- *Hall, S.H. & **Cousins, J. H.** (April, 1991). Perceptions of attractiveness and self-concepts in Mexican American mother-daughter pairs. Presented at the biennial meeting of the Society for Research in Child Development, Seattle, Washington.
- *Olvera-Ezzell, N., **Cousins, J. H.**, & Power, T.G. (April, 1991). Developmental differences in attitudes toward addictive substances in Mexican American children. Presented at the biennial meeting of the Society for Research in Child Development, Seattle, Washington.
- *Olvera-Ezzell, N., **Cousins, J. H.**, & Power, T.G. (April, 1990). Sex differences in the socialization of eating habits of obese Mexican American mothers. Presented at the annual meeting of the Society of Behavioral Medicine, Chicago, Illinois.
- *Cuccaro, P. & **Cousins, J. H.** (April, 1990). Knowledge and attitude changes following a cardiovascular risk reduction program for Mexican Americans. Presented at the annual meeting of the Society of Behavioral Medicine, Chicago, Illinois.
- *Olvera-Ezzell, N., **Cousins, J. H.**, Power, T.G. (March, 1990). Structured play as an innovative assessment of children's health beliefs and behaviors. Presented at the biennial meeting of the Southwestern Society for Research in Human Development, Dallas, Texas.
- Sirota, H., *Rubovits, D.R., & **Cousins, J. H.** (October, 1989). Communicating cancer control to the public via physicians. Presented at the annual meeting of the American Public Health Association, Chicago, Illinois.
- Cousins, J. H.**, *Rubovits, D.R., Reeves, R., Ramirez, A.G., Foreyt, J.P. (October, 1989). Longitudinal study of weight loss in Mexican Americans. Presented at the annual meeting of the American Public Health Association, Chicago, Illinois.
- Cousins, J. H.**, *Rubovits, D.R., Dunn, J.K., & Foreyt, J.P. (April, 1989). Modifying cardiovascular risk factors in Mexican American families. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, California.
- *Olvera-Ezzell, N. & **Cousins, J. H.** (April, 1989). Socialization of children's eating habits: Strategies used by obese Mexican American mothers. Presented at the biennial meeting of the Society for Research in Child Development, Kansas City, Missouri.
- *Suris-Rangel, A., **Cousins, J. H.**, DiClemente, C.C., & Dunn, J.K. (November, 1988). Stages and processes of change in weight control for Mexican American women. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, New York.
- *Rubovits, D.R., & **Cousins, J.H.** (November, 1988). Modification of coronary heart disease risk factors in Mexican Americans. Presented at the First Annual National Cholesterol Conference, Arlington, Virginia.

Ramirez, A.G., Codina, E., Foreyt, J.P., **Cousins, J. H.**, Reeves, R. (November, 1988). Acculturation and gender differences in dietary habits and exercise patterns in a Mexican American community. Presented at the annual meeting of the American Public Health Association, Boston, Massachusetts.

*Rubovits, D.R., **Cousins, J. H.**, Siegel, A.W., & Bricker, J.T. (April, 1988). Assessment, treatment, and evaluation of children at risk for coronary heart disease: A behavioral systems approach. Presented at the annual meeting of the Florida Conference on Child Health Psychology, Gainesville, Florida.

Cousins, J. H., *Suris-Rangel, A., Dunn, J.K., Foreyt, J.P., Reeves, R., & Ramirez, A.G. (August, 1987). Cuidando el Corazon: Weight reduction for Mexican Americans. Presented at the annual meeting of the American Psychological Association, New York, New York.

ORAL PRESENTATIONS

Scientific presentations

Hays-Grudo, J., Morris, A.S., Beasley, L., Jespersen, J., & Watrous, J. Childhood and current experiences build resilience across cultures. Paper in symposium “A global perspective on adverse life experiences and protective and compensatory experiences: Promoting resilience.” International Society for the Study of Behavioral Development, June 2024, Lisbon, Portugal.

Hays-Grudo, J. Child and adult positive experiences as mechanisms for lifespan and intergenerational development. Symposium presented at the Society for the Study of Human Development, October 14, 2023, Philadelphia, PA.

Hays-Grudo, J., Jespersen, J., & Morris, A.S. Raising a resilient child: How parents of babies, toddlers, and young children can break the cycle of adversity. Workshop presented at the World Congress of the World Association for Infant Mental Health (WAIMH), July 2023, Dublin, Ireland.

Morris, **Hays-Grudo, J.** & Jespersen, J. Protective and compensatory experiences: The path to resilience for babies, toddlers, and parents. Symposium at the World Congress of WAIMH, July 2023, Dublin, Ireland.

Hays-Grudo, J. Navigating adversity alongside families. Keynote speaker for Oklahoma Council on Family Relations, April 19, 2023, Tulsa OK.

Jespersen, J. E., **Hays-Grudo, J.**, Ratliff E. L., & Morris, A. S. *Childhood adversity and mental health outcomes: The buffering effect of preventative and compensatory childhood experiences* (2023). In D. Han (Chair), “Positive Childhood Experiences as Resilience Mechanisms Against Adverse Childhood Experiences for Adult and Intergenerational Health.” Paper presented at the Society for Research in Child Development Biennial Meeting, March 2023, Salt Lake City, Utah.

Beasley, L., Watrous, J., Jespersen, J.E., King, S., Morris, A.S., Croff, J.M., & **Hays-Grudo, J.** Understanding familial protective factors during the pandemic: The potential role of

culture in family resiliency. Paper presented at the Society for Research in Child Development, Salt Lake City, Utah, March, 2023.

Hays-Grudo, J., & Morris, A.S. Adverse and protective experiences: New assessment and intervention tools. Workshop at World Association for Infant Mental Health, Brisbane, Australia (virtual), June 2021.

Hays-Grudo, J & Morris, A.S. Early development, child health and mental health. Symposium with Hiram Fitzgerald, Jennifer Hays-Grudo, Julie Ribaud, Leonie Segal, and Marie Korhonen. World Association for Infant Mental Health, Brisbane, Australia (virtual), June 2021.

Hays-Grudo, J. ACEs and parent-child conflict: The role of executive function. Haruv USA Second International Conference on Child Maltreatment, May 2019.

Hays-Grudo, J. Neurodevelopmental consequences of parenting and family adversity: Brain imaging findings from three cohort studies. Symposium discussant at the biennial Society for Research in Child Development, March, 2019, Philadelphia, PA.

Hays-Grudo, J., Morris, A.S., & Slocum, R. Where the rubber meets the road: Applying and adapting evidence-based programs in real-world settings, with R. Slocum and A. Morris. Paper presented at the biennial meeting of the Society for Research in Child Development, March, 2015, Philadelphia, PA.

Hays-Grudo, J. An examination of the prevalence of ACEs and PACEs in a rural parenting sample. Workshop at the Zero to Three annual conference, with Ginger Welch and Laura Shelhammer, October, 2018, Denver, Colorado.

Hays-Grudo, J., Morris, A.S., & Slocum, R. Using ACEs science to create self-healing communities. To be presented at the Zarrow Mental Health Symposium, October, 2018, Tulsa, OK.

Hays-Grudo, J & Morris, A.S. Creating Protective and Compensatory Experiences (PACEs) to buffer the damaging effects of early life adversity. Workshop presented with Amanda Morris, World Congress of the World Association of Infant Mental Health, May, 2018, Rome, Italy.

Morris, A.S. & **Hays-Grudo, J.** Protecting parents and children from Adverse Childhood Experiences (ACEs): Preliminary evidence for the validity of the PACEs. Paper presented at the SRCD Special Topic Meeting: New Conceptualizations in the Study of Parenting-At-Risk, November, 2014, San Diego, CA.

Hays-Grudo, J., Morris, A.S., & Slocum, R. Ten experiences children need to promote resilience. 20th Annual Zarrow Symposium on Mental Health, September 2014, Tulsa, OK.

Hays-Grudo, J. Intervention strategies that address adverse childhood experiences. Oklahoma Council on Family Relations, March, 2014, Oklahoma City, OK.

Hays-Grudo, J. ACEs in Oklahoma: Innovative Interventions. 19th annual Zarrow Symposium on Mental Health, Tulsa, OK.

Hays-Grudo, J. Integrating childhood exposure to trauma and dysfunction into adult therapies. Society for the Exploration of Psychotherapy Integration, Barcelona, Spain, June, 2013.

Hays-Grudo, J. & Teague, K. Innovations in education for health professionals: Theory and methods. Southwest & Rocky Mountain region of the American Association for the Advancement of Science (SWARM) annual meeting. Tulsa, OK, April, 2012.

Miller-Cribbs, J., **Hays-Grudo, J.** Poverty, family stress and the health of young children. Southwest & Rocky Mountain region of the American Association for the Advancement of Science (SWARM) annual meeting. Tulsa, OK, April, 2012.

Hays-Grudo, J. Menopause management issues after the Women's Health Initiative. American Association of Clinical Endocrinology. Washington, DC, May, 2005.

Hays, J. Impact of the Women's Health Initiative on the practicing oncologist: Cardiovascular, fracture, quality of life and dementia considerations. American Society for Clinical Oncologists, New Orleans, Louisiana, June, 2004.

Hays, J. Effects of estrogen plus progesterone on quality of life and cognitive function. Society for Gynecologic Investigation annual meeting, Houston, Texas, March, 2004.

Hays, J. Quality of life and dementia outcomes from the WHI. American Academy for the Advancement of Science. Seattle, Washington, February, 2004.

Hays, J. Dementia and health-related quality of life outcomes in the WHI. National Surgical Adjuvant Breast & Bowel Project (BSABP) annual meeting, Orlando, Florida, June, 2003.

Hays, J. Recruitment in the Women's Health Initiative. Science meets reality. Recruitment and Retention of Women in Clinical Studies. NIH Scientific Workshop and Public Hearing. Washington, DC, January, 2003.

Hays, J. The effects of estrogen and progestin on quality of life in postmenopausal women. Women's Health Initiative Steering Committee, Bethesda, MD, October, 2002.

Hays, J. Risks and benefits of hormone replacement therapy. National Wellness Conference, Steven's Point, Wisconsin, July, 2002.

Hays, J. Recruitment for the Women's Health Initiative (WHI). WHI Advisory Board, National Institutes of Health, Bethesda, Maryland, May, 2001.

Hays, J. From mother to daughter: The passing of knowledge, attitudes, and behavior through life changes. Featured speaker at the National Wellness Conference, Stevens Point, Wisconsin, June, 2000.

Hays, J. Women's health programs in academic medical centers. Third Meeting of National Leaders in Women's Health, Gainesville, Florida, March, 1998.

Hays, J. Preventing obesity in high-risk girls. Texas Regional Sports Medicine Association, Seguin, Texas, February, 1997.

Hays, J. Recruiting women for HRT clinical trials: The Women's Health Initiative experience. Second International Symposium on Women's Health and Menopause: Risk Reduction Strategies, Florence, Italy, December, 1996.

Hays, J. Family, community, and social influences on the development of dietary habits in children. Annual meeting of the International Life Sciences Institute, Atlanta, Georgia; April, 1995.

Hays, J. A model for disseminating health information to Hispanic populations. Society for Public Health Education Scientific Conference, Grand Rapids, Michigan, June, 1993.

Hays, J. Using social networks to trace hard-to-find subjects. National Cancer Institute, Project COMMIT, Bethesda, Maryland; September, 1991.

Hays, J. Promoting healthy eating habits in children. Conference on lifestyle and cardiovascular disease prevention. National Heart Lung & Blood Institute, Bethesda, Maryland; March, 1989.

Invited presentations

Resilience. Keynote speaker at the Annual Tri-District Rotary International Conference, April 27, 2024, Durant, OK.

Navigating Adversity with PACEs. Annual THRIVE Brain Health Event, sponsored by the Kimmel Foundation, April 25, 2024 Oklahoma City.

Overcoming ACEs with PACEs. Congress Juegdtrauma (virtual), December 6, 2023, The Netherlands.

Navigating Adversity with PACEs. Self-Healing Community presentation, August 24, 2023.

Overcoming the Odds: Workshop at Tulsa Community College for future teachers and counselors. April 20, 2023, Tulsa, OK.

Adverse and Protective Childhood Experiences: Intervention Strategies to Promote Resilience. January, 2023, University of Arkansas Medical School, Little Rock, AR.

ACEs: An Underlying Health Problem in Oklahoma. Leadership Oklahoma Health Session, January, 2023, Oklahoma City, OK.

Food, Families, and Stress. December, 2023 (virtual). Research to Practice Seminar Series, Center for Family Resilience.

Antidotes to ACEs: Dean Lela O'Toole Seminar Series. College of Education and Human Sciences. November, 2022, Stillwater, OK.

Living Your Best Life: Lessons Learned from Researching Adversity and Resilience Science (with Amanda Morris). Keynote Address, Dean Lela O'Toole International Speakers Series, November, 2022, Stillwater, OK.

Reparenting the Inner Child: A Workshop on ACEs and PACEs (with Amanda Morris). WholeHearted.org. November, 2022. Sacramento, CA.

Understanding your Inner Child: Repairing the effects of ACEs (with Amanda Morris). WholeHearted.org. November, 2022. Sacramento, CA.

Balanced Parenting: A Roadmap to Resilience for Babies, Toddlers, and Parents (with Amanda Morris). Oklahoma Association for Infant Mental Health Fall Conference, October, 2022 (virtual).

PACEs Learning Retreat (with Amanda Morris). Youth Services of Tulsa, Post Oak Lodge, Tulsa, OK, June 2022.

Adverse and Protective Experiences in Childhood (with Amanda Morris). Oklahoma Partners for School Readiness Research Symposium, June 2022 (virtual).

PACEs: Prescription for ACEs. Invited Workshop. Texas Council on Family Relations annual meeting. Dallas, TX, June 2022.

PACEs: How to Alleviate the Effects of ACEs. CADTP Spring Conference, Palm Springs, CA, May, 2022.

Protective Childhood Experiences that Mitigate the Effects of ACEs and Opioid Addiction (with Amanda Morris). NSU Social and Haruv Institute Conference on The Influence of Opioid Epidemic on Children. April, 2022. Tahlequah, OK.

Ten Ways to Build Resilience in Children. Help for the Healer ECHO. March, 2022 (virtual).

Effects of Adverse and Protective Childhood Experiences on Health and Development. OSU-CHS Interprofessional Education Day, January, 2022 (virtual).

Protecting Children from Adversity. Oklahoma Academy Town Hall Plenary Session. November, 2021, Tulsa, OK.

PACEs: Protecting Children from the Effects of ACEs. Oklahoma Institute for Child Advocacy Fall Forum, October, 2021 (virtual).

ICARE Model: Intergenerational and Cumulative Adverse and Resilience Experiences. STAR Research Presentation, Brown University, September 2021 (virtual).

ACEs and PACEs Overview. ResilienceCon annual conference. University of the South, April, 2021 (virtual).

CIRCA: Center for Integrative Research in Childhood Adversity. Research Week Featured Presentation, OSU-Center for Health Sciences. February 2021 (virtual).

What Do We Do to Reduce the Effects of ACEs? Oklahoma Institute for Child Advocacy. January 2021 (Virtual).

Strategy Report for the Ok Legislative Task Force on Trauma-Informed Care. Oklahoma Institute for Child Advocacy Fall Forum, November 2020 (virtual).

ACEs and PACEs: Adverse and Protective Childhood Experiences. Intensive Osteopathic Update Virtual, August 2020.

ACEs and PACEs: Adverse and protective childhood experiences. 2nd annual OSU-CHS Spring Fling CME Conference. May 2020 (virtual).

Early life adversity and obesity: Attachment as a Prevention Strategy. Pediatric Obesity Medicine TeleECHO. February 2020 (virtual).

Lifelong effects of adverse and protective childhood experiences. Leadership Oklahoma. Oklahoma City, OK, January 2020.

Protective and compensatory experiences (PACEs): The antidote to ACEs. Tulsa Chamber Panel on ACEs. Tulsa, OK, November 2019.

Adverse childhood experiences. Psychiatry Systems Course Lecture. Tulsa, OK, November 2019.

ACEs and PACEs: Overcoming the odds. Tulsa Educare. Tulsa OK, October 2019.

ACEs and PACEs: Intergenerational patterns with First Lady Sarah Stitt. Tulsa, OK, September 2019.

From Adversity to Resilience. Oklahoma Turning Point Conference. Norman, OK, August 2019.

When 4 ACEs is not a winning hand. *Research on Tap* program with OSU Vice-President for Research Dr. Kenneth Sewell. Stillwater, OK, April 2019.

When the solution becomes the problem: ACEs and addiction. Chautauqua Research Conference. Tulsa, OK, February 2019.

The microbiome, adverse childhood experiences, and brain development. Tier One Research Initiative: Connecting the Microbiome to Health Outcomes. Research Week Symposium sponsored by OSU Vice President for Research, Chaired by Tyrrell Conway. Stillwater, OK, February 2019.

Applying the science of ACEs to Infant Mental Health. Institute for Building Early Relationships Webinar, December 2018.

Applying ACE-based science in communities. Summit on Raising Resilient Oklahomans, with Robert Anda, MD. Edmond OK, March 2018.

Changing the odds for children exposed to trauma and stress: The role of early positive relationships and high quality education. Oklahoma Early Childhood Coalition Business Summit, with Amanda Morris. Oklahoma City, OK, July 2017.

Strategies to address the enduring effects of the adverse childhood experiences (ACEs) of Oklahoma children. Oklahoma Department of Health WIC Registered Dietitian Training, Norman, OK, April, 2017.

Intergenerational risk: Direct and indirect effects of parental adverse childhood experiences on child biobehavioral regulation. Laureate Institute for Brain Research and Saint Francis Hospital, Tulsa, OK, February 2017.

ACEs research in Tulsa. 10th annual Early Childhood Leadership Institute symposium “Building Blocks of Resilience in a Trauma-Filled World.” OU-Tulsa, November, 2016.

Changing the odds for children exposed to trauma and stress. Oklahoma Kids Count Conference, Edmond, OK, November 2016.

Intergenerational adversity: How trauma and stress affect the next generation. Third annual Empowering Oklahoma’s Women Conference, Tulsa, OK, October, 2016.

Changing the odds for children exposed to toxic stress. Tulsa Psychiatric Association, October, 2016.

Oklahoma’s 25 by 25 Initiative. Oklahoma Early Childhood Coalition Annual Conference, October, 2016.

ACEs, toxic stress, culture and children’s development. Oklahoma Child Guidance Annual Meeting, July, 2014.

Brains, babies and stress. OSU Emeriti Lecture, with Dr. Stephan Wilson. Stillwater, Oklahoma, February, 2014.

Toxic stress and resilience. Oklahoma Association for Infant Mental Health Membership meeting. November, 2013.

Preventing the intergenerational transmission of ACEs. National Leadership Forum on ACEs Research, Policy and Practice, Philadelphia, PA, May, 2013.

Obstacles and innovations to break the intergenerational cycle of poverty. OSU Annual Chautauqu, October, 2012.

The link between stress and health (and what we can do about it). Tulsa Metro Chamber Health Panel, July 2012.

Reducing poverty, improving health. Keynote speaker for Family Medicine Research Day. OU-Tulsa, Tulsa, June 2012.

Obstacles and innovations to break the intergenerational cycle of poverty. Fourth Oklahoma State University Chautauqua on Parenting. May, 2012.

From 2002 to 2012: What we have Learned from the WHI. Tulsa County Obstetric and Gynecologic Society, Tulsa, April, 2012.

Lessons from the Women’s Health Initiative. Annual Roots of Medicine lecture. University of Oklahoma College of Medicine Student Association meeting. Oklahoma City, January, 2012.

The Tulsa Children's Project: Addressing the social determinants of health. Anchoring Lecture, OU School of Community Medicine Summer Institute, August, 2010.

Childhood matters: Health and early childhood experiences. OU-Tulsa Seed Sower Lecture, October, 2011.

Childhood matters. Anchoring Lecture, OU-School of Community Medicine Summer Institute, August, 2011.

Shifting paradigms: Community based participatory research. Faculty Academy, University of Oklahoma-Tulsa, November, 2010.

Creating a village: The Tulsa Children's Project. Zarrow Symposium on Mental Health, Tulsa, Oklahoma, September, 2010.

Tulsa Children's Project: Breaking the cycle of intergenerational poverty. Literacy and Civics Summit, Oklahoma City, May, 2010.

Community medicine: Health in context. School of Community Medicine Leadership Institute, March, 2010.

Translational research for strong family development. Annual Social Work Day, University of Oklahoma, Tulsa, October, 2009.

Who Cares: Conscience and leadership in community health. Keynote address, Research Day, School of Community Medicine, Tulsa, Oklahoma, April, 2009.

The future of health behavior research. 10th annual meeting of the Consortium on Health Behavior Change, National Institutes of Health, Bethesda, Maryland, March 3, 2009.

Creating healthy communities. First anchoring lecture of the Faculty Leadership Academy, School of Community Medicine, Tulsa, Oklahoma, September 19, 2008.

Nutrition issues for internists. 27th Annual Internal Medicine Review, Scott & White/Texas A&M College of Medicine, South Padre Island, July, 2008.

How to write an exercise prescription. 27th Annual Internal Medicine Review, Scott & White/Texas A&M College of Medicine, South Padre Island, July, 2008.

Pathways to knowledge...pathways to health. Community Wellness for Women. Boca Raton, Florida, January, 2008.

Quality of life, symptoms and effect of stopping study pills in the Women's Health Initiative. NIH Symposium on the WHI: Legacy to future generations. Bethesda, Maryland, March, 2006.

Resolving discrepancies between RCTs and observational studies: The case of postmenopausal hormones. Research seminar, University of Colorado Health Sciences Center, Denver, Colorado, October, 2005.

Women and hormones: The effect of the WHI on clinical decision-making. Harvard-Baylor Pri-Med Southwest 2005 Conference: Current Clinical Issues in Primary Care, George R. Brown Convention Center, Houston, Texas, January, 2005.

Controversies in estrogen therapies. M.D. Anderson Pharmacy Department's 26th Annual Symposium, Houston, Texas, October, 2004.

Leading when you're not in charge: Leadership issues for women. Texas Medical Center Women's Health Network, Houston, Texas, October, 2004.

Clinical decision making after the Women's Health Initiative. Alabama Association of Obstetricians and Gynecologists annual meeting. Sandestin, Florida, May, 2004.

Update on outcomes from the clinical trial of estrogen and estrogen with progestin in the Women's Health Initiative, panel respondent. Lorenzini Foundation. Menopause, hormones and quality of life conference. Florence, Italy, April, 2004.

Two minds, one body: Women's mind-body dilemma. Keynote speech. Northeast P&G Women's Managers Meeting. Summit, New Jersey, March, 2004.

Two minds, one body: women's mind-body dilemma. Keynote speech. Midwest P&G Women's Managers Meeting. Cincinnati, Ohio, March, 2004.

Hormones, health, and quality of life: What the WHI means for you. Kenneth Cooper's First Annual Healthy Living Conference, Dallas, Texas, February, 2004.

Quality of life and the gynecology patient. Clinical decision making. University of Cincinnati Department of Obstetrics and Gynecology annual CME meeting. January, 2004.

The Women's Health Initiative clinical trial of estrogen with progestin. Tulsa County Medical Society. November, 2003.

Menopause, hormones and health: Lessons from the Women's Health Initiative. New Jersey Obstetrics and Gynecology Society annual meeting. Madison, New Jersey, November, 2003.

Defense of the Women's Health Initiative. Department of Obstetrics and Gynecology annual CME program, Baylor College of Medicine, Houston, Texas, November, 2003.

Impact of the Women's Health Initiative on therapeutics. University of Tennessee College of Pharmacy 2003 Alumni Symposium. Knoxville, Tennessee, October, 2003.

The current state of women's health. Executive Women International annual meeting, Houston, Texas, June, 2003.

Menopause after the Women's Health Initiative. Tennessee Women in Medicine. Nashville, Tennessee, June, 2003.

Menopause, hormones, and health: Lessons from the Women's Health Initiative. Pi Beta Phi Distinguished Lectureship series, Houston, TX, March, 2003.

The Women's Health Initiative Hormone Clinical Trial: Implications for women's health. Parry Chair Lectureship, Texas Woman's University, Houston, Texas, March, 2003.

Results from the Women's Health Initiative Clinical Trial of HRT: Cardiovascular implications. Current Advances in the Prevention and Treatment of Cardiovascular Disease in Women. The Methodist Hospital, Houston, Texas, November, 2002.

Women's minds, women's bodies, and women's power. Keynote address, Executive Women in Texas Government, Austin, Texas, November, 2002.

Update on HRT from the Women's Health Initiative. Baylor College of Medicine public forum. Houston, Texas, October, 2002.

Risks and benefits of HRT: What do we know? Texas Medical Center Women's Health Network, Houston, Texas, August, 2002.

The facts behind the headlines: What the HRT news means for you. The Houstonian, Houston, Texas, August, 2002.

Leading when you're not in charge. National Wellness Conference, Steven's Point, Wisconsin, July, 2002.

Nutrition and fitness for women, and the mind-body dilemma. Keynote address. North Carolina Association of Occupational Health Nurses annual meeting, Asheville, NC, March, 2001.

The state of women's health research. Second Annual Texas Conference on Women, Austin, Texas, November, 2001.

Update on women's health research. First annual Texas Conference on Women. Austin, Texas, October, 2000.

What's new in women's health. University of Kentucky Women's Health Summit, Lexington, Kentucky, September, 2000.

Cornerstones of women's health and women's health research update. Meeting The Challenges of Women's Health Issues In Managed Care. Austin, Texas, February 2000.

Women's health research: Bridging the information gap. Women United: The Mayor's Summit on Women, Houston, Texas, November, 1999.

Taking charge of your health. Speaking of Women's Health Conference, Houston, Texas, October, 1999.

Practicing what we preach. Texas Nurses Association Education Congress. Austin, Texas, April, 1999.

History and future of women's health research. University of Texas Association of Women Faculty, January, 1999.

Cornerstones of women's health. Third Meeting of National Leaders in Women's Health, Gainesville, Florida, March, 1998.

Women's Health Initiative Update. 1st Annual Women's Health Summit, The Huffington Center on Aging, Baylor College of Medicine, Houston, October, 1997.

The Women's Health Initiative: What does it mean for women in Houston? University of Texas Health Science Center's 1st Annual Women's Health Symposium, Houston, January, 1997.

Effects of culture and poverty on children's development. Texas Department of MHMR Region IV Workshop, July, 1995.

Effects of poverty and minority status on child development. Keynote address at the Eighth Governor's Conference on the Prevention of Child Abuse, Austin, Texas; January, 1994.

Play and stay: Using play to teach parenting skills. Sixth Governor's Conference on the Prevention of Child Abuse, Austin, Texas; January, 1992.

The role of health promotion in the public affairs activities of a medical school. Commemorative Symposium in honor of Ralph E. Frede, Baylor College of Medicine, September 1989.

Helping families adopt healthier eating habits. Mexican Pediatrics Association, Mexico City, Mexico, February, 1988.

Grand rounds

ACEs: A new look at developmental origins of disease model. Department of Obstetrics and Gynecology, University of Oklahoma Health Sciences Center, Oklahoma City, February 2019.

Adverse Childhood Experiences (ACEs). Department of Psychiatry and Behavioral Science, OSU Center for Health Sciences, April 2018.

Effects of early experiences on health. Department of Obstetrics and Gynecology, OU-Tulsa, April, 2012.

Motivational interviewing in clinical practice. Grand rounds, Department of Internal Medicine, University of Oklahoma-Tulsa, November, 2010.

Evidence-based practice: Hormones, hot flashes and health. Grand rounds, Department of Internal Medicine, University of Oklahoma-Tulsa, August, 2010.

Nutrition and behavior: Update for internists. Grand rounds, Department of Internal Medicine, University of Oklahoma-Tulsa, April, 2010.

Gestational weight control for overweight mothers: Translational research on the fetal programming hypothesis. Grand rounds, Baylor College of Medicine, Department of Obstetrics & Gynecology, December, 2008.

Prenatal weight control for overweight mothers: Translational research on the fetal programming hypothesis. Grand rounds, Department of Obstetrics & Gynecology, Scott & White/Texas A&M College of Medicine, Temple, Texas. June, 2008.

The Women's Health Initiative: Past, present and future. Grand rounds, The Women's Hospital, Houston, Texas, June, 2006.

Hormones, diet and supplements: Recent findings from the Women's Health Initiative, Department of Medicine, University of Texas Health Sciences Center, Houston, Texas, April, 2006.

Hot flashes, health, and hormones: Menopause management after the Women's Health Initiative, Department of Medicine, Scott & White Hospital/Texas A&M College of Medicine, Temple, Texas, January, 2006.

Menopause management after the Women's Health Initiative. Endocrine Grand Rounds, University of Colorado Health Sciences Center, Denver, Colorado, October, 2005.

Impact of the Women's Health Initiative on women with disabilities, The Institute for Rehabilitation Research (TIRR), Houston, Texas, January, 2005.

Health and quality of life outcomes from the Women's Health Initiative, Department of Obstetrics and Gynecology, University of Utah, Salt Lake City, June, 2004.

Menopause, hormones, and health: Update on WHI findings. Department of Medicine grand rounds, Houston Veteran's Association Medical Center, Houston, April, 2004.

The Women's Health Initiative: Past, Present, and Future, Lahey Clinic, Burlington, Massachusetts, March, 2004.

Osteoporosis prevention and treatment update, Baptist College of Health Sciences, Memphis, Tennessee, January, 2004.

Menopause, hormones and health: Lessons from the WHI, St. Vincent's Hospital, Little Rock, Arkansas, December, 2003.

Update on the Women's Health Initiative clinical trial of estrogen and progestin. Grand rounds, Division of Endocrinology, Baylor College of Medicine, Houston, Texas, December, 2003.

Dementia and cognitive functioning outcomes from the Women's Health Initiative clinical trial of estrogen with progestin. Grand rounds, Department of Obstetrics and Gynecology, New York University, New York, December, 2003.

Findings from the Women's Health Initiative clinical trial of CEE+MPA. Grand rounds, Department of Obstetrics and Gynecology, Mt. Sinai Medical Center, New York, New York, November, 2003.

Impact of the Women's Health Initiative on osteoporosis prevention. Grand rounds, St. Barnabas Medical Center, Livingston, New Jersey, November, 2003.

Menopause, hormones and health: New findings from the Women's Health Initiative, Department of Obstetrics and Gynecology, University of Tennessee, Knoxville, Tennessee, October, 2003.

Health and quality of life outcomes in the Women's Health Initiative, Department of Medicine, The Methodist Hospital, Houston, Texas, March, 2003.

Risks and benefits of estrogen plus progestin: Findings from the Women's Health Initiative, Department of Family and Community Medicine, Baylor College of Medicine, Houston, Texas, February, 2003.

Risks and benefits of estrogen plus progestin in postmenopausal women. Obstetrics & Gynecology, The Methodist Hospital, Houston, Texas, September, 2002

COURSES TAUGHT

Class on Adverse Childhood Experiences, PCME 8883, 2019-2021.

Infant Mental Health (HDFS 5233, Oklahoma State University). Foundations of infant mental health theory, research, and practice. Includes the familial context of children's early development and the importance of infant-caregiver relationships, early intervention, assessment, and reflective practice. Emphasis is placed on the application of infant mental health principles across settings and disciplines focused on early childhood and families. Three of the 15 hours required for OSU's Certificate in Infant Mental Health). Fall 2017

Social and Emotional Development (HDFS 5253, Oklahoma State University). Graduate seminar on the development of socioemotional development emphasizing current psychosocial and neurodevelopmental theory and the application of research findings in clinical and policy settings. Spring 2015

Adverse Childhood Experiences and HDFS. Class taught during HDFS 1112 (Intro to HDFS) to integrate research on adversity and resilience into the discipline of Human Development and Family Science. Fall, 2013, Spring, 2014, Fall 2014, Spring 2015, Fall 2015, Spring 2016, Fall 2016, Spring 2017

Humanities in Medicine Elective. Taught class on social determinants of health and links between stress and illness. University of Oklahoma Health Sciences Center for second-year medical students. Fall 2013, Fall, 2014, Fall 2015, Fall 2016.

Student Academy. Led monthly professional meaning conversations with third year medical students to develop self-awareness and behavioral skills to manage the personal and professional effects of clinical experiences. Academic years 2011-12, 2012-13

Enrichment in Community Medicine. Co-director for second year medical students in Oklahoma City who are in the OU-Tulsa School of Community Medicine track. Course focuses on social determinants of health and interventions appropriate for improving the health of low-income and vulnerable patient populations. Fall 2011, Fall 2012

Leadership for Women in Medicine, offered through the Women's Health Network of the Texas Medical Center. Bi-monthly seminar series for female health care professionals. Co-led with Dr. Kathryn Stream, Senior Vice President, Texas Medical Center. January – May 2006

Women's Leadership Institute: Foundations of Leadership for Women. Developed and co-led with Dr. Kathryn Stream, Vice-Provost, Texas Woman's University. Monthly seminar series for senior women faculty to develop leadership skills for career development and academic advancement. September – May 1998-99, 1999-2000

Integrated Problem-Solving (Baylor College of Medicine). Facilitator of course for first- and second-year students to integrate basic science and clinical contexts, and develop students' group problem-solving skills. Fall 1997, Spring 1998, Fall 1998, Fall 1999, Fall 2000

Grants and Contracts (PSYC 6397, University of Houston). Graduate overview course on procedures required to obtain research funding from federal and non-federal sources. Students were required to prepare a NIH-style proposal and conduct mock site visits of each proposal. Spring 1993, Spring 1994, Spring 1995, Spring 1996

Effects of Poverty and Minority Status on Development (PSYC 6396, University of Houston). Graduate seminar on the role of culture and low socioeconomic status on the health and developmental outcomes of ethnic minority children. Spring 1992, 1993, Fall 1994

Research in Health Care Settings (PSYC 6494, University of Houston). Seminar taught at Baylor College of Medicine for UH psychology graduate students to provide them with exposure to research being conducted at BCM with behavioral components. Summers 1988-90

Family Systems Theory (PSYC 5573, Texas Woman's University). Graduate seminar on the application of general systems theory to the study of family interactions and family processes. Spring 1987

Life Span Development (PSYC 5943, Texas Woman's University). Graduate overview of developmental changes from infancy through old age, focusing on the role of maturation and environmental influences on cognitive and social development throughout the life-span. Fall 1987, Spring 1985

Psychology of Women (PSYC 5163, Texas Woman's University). Graduate seminar addressing gender differences from biological, psychological, and sociological perspectives, and examining psychological theory from a feminist perspective. Fall 1984.

Research Techniques (PSYC 5353, Texas Woman's University). Graduate overview course of research methods and statistical techniques for conducting behavioral research. Fall 1983, Spring 1994

EXPERT CONSULTING

January 2020 – New York State Supreme Court, Certified Expert Witness in Developmental Psychology, with an expertise in infant mental health, ages zero to five years.

EDUCATIONAL VIDEOTAPES

A Parent's Guide to Children's Health and Fitness. (1996). J. Hays Cousins, Ph.D., content expert and on-camera presenter with Olympic medalist Rafer Johnson. Capstone Productions, Hollywood, California.

A Parent's Guide to Helping Children Cope with Divorce. (1996). J. Hays Cousins, Ph.D., expert advisor and on-camera presenter with actor Vicki Lawrence. Capstone Productions, Hollywood, California.

A Parent's Guide to Helping Children Cope with Change. (1996). J. Hays Cousins, Ph.D., content expert and on-camera presenter with actor Vicki Lawrence. Capstone Productions, Hollywood, California.